



# PERFORMANCE TRAINING WEEKLY SCHEDULE

## Winter 2011

(December 1, 2011 through February 28, 2012)

**BY APPOINTMENT ONLY:**

**PLEASE CALL AHEAD TO SCHEDULE CLASSES**

### 10-12 Performance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00am
5:00pm	5:00pm	5:00pm	5:00pm	5:00pm	SUNDAY
					9:00am

### 12-14 Performance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00am
6:00pm	6:00pm	6:00pm	6:00pm	6:00pm	

### High School/College Performance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:15pm		3:15pm		3:15pm	11:00am
7:00pm	7:00pm	7:00pm	7:00pm	7:00pm	SUNDAY
					10:00am